

WOMEN W50

class	name	born	nat	bwt	mark	date	location
SQUAT							
47kg	Raija Jurkko	1963	FIN	46.50	170.0	7/30/2013	Cali COL
52kg	Leena Jokitalo	1961	FIN	51.40	165.0	2/27/2011	Salo FIN
57kg	Eva Buxbom	1969	DEN	56.35	180.0	5/6/2022	Pilsen CZE
63kg	Riitta Liimatainen	1963	SWE	61.60	190.5	9/23/2014	Pilsen CZE
69kg	Riitta Liimatainen	1963	SWE	61.60	190.5	9/23/2014	Pilsen CZE
76kg	Inger Blikra	1961	NOR	71.73	220.0	11/10/2011	Pilsen CZE
84kg	Heidi Hille Arnesen	1970	NOR	83.55	252.5	6/22/2022	Skien NOR
84+kg	Heidi Hille Arnesen	1970	NOR	87.60	252.5	11/19/2022	Viborg DEN
BENCH PRESS							
47kg	Raija Jurkko	1963	FIN	46.54	90.0	7/30/2013	Cali COL
52kg	Nordic Standard				85.0	1/1/2011	
57kg	Eva Buxbom	1969	DEN	56.71	92.5	7/3/2019	Sibiu ROM
63kg	Riitta Sundvall	1963	SWE	62.39	117.5	10/4/2016	Tallinn EST
69kg	Riitta Sundvall	1963	SWE	62.39	117.5	10/4/2016	Tallinn EST
76kg	Inger Blikra	1961	NOR	70.80	137.5	5/5/2011	Pilsen CZE
84kg	Heidi Hille Arnesen	1970	NOR	83.77	147.5	8/7/2021	Pilsen CZE
84+kg	Heidi Hille Arnesen	1970	NOR	87.60	147.5	11/19/2022	Viborg DEN
DEADLIFT							
47kg	Raija Jurkko	1963	FIN	46.50	150.0	7/30/2013	Cali COL
52kg	Leena Jokitalo	1961	FIN	51.40	170.0	2/27/2011	Salo FIN
57kg	Eva Buxbom	1969	DEN	56.18	183.5	3/2/2019	Videbaek DEN
63kg	Eva Buxbom	1969	DEN	58.66	185.0	9/20/2020	Bjerringbro DEN
69kg	Eva Buxbom	1969	DEN	58.66	185.0	9/20/2020	Bjerringbro DEN
76kg	Inger Blikra	1961	NOR	71.73	212.5	11/10/2011	Pilsen CZE
84kg	Heidi Hille Arnesen	1970	NOR	83.90	210.0	5/8/2022	Pilsen CZE
84+kg	Heidi Hille Arnesen	1970	NOR	87.60	212.5	11/19/2022	Viborg DEN
TOTAL							
47kg	Raija Jurkko	1963	FIN	46.50	410.0	7/30/2013	Cali COL
52kg	Leena Jokitalo	1961	FIN	51.40	415.0	2/27/2011	Salo FIN
57kg	Eva Buxbom	1969	DEN	56.35	450.0	5/6/2022	Pilsen CZE
63kg	Riitta Liimatainen	1963	SWE	61.60	478.5	9/23/2014	Plzen CZE
69kg	Riitta Liimatainen	1963	SWE	61.60	478.5	9/23/2014	Plzen CZE
76kg	Inger Blikra	1961	NOR	71.73	567.5	11/10/2011	Pilsen CZE
84kg	Heidi Hille Arnesen	1970	NOR	83.94	607.5	5/7/2023	Thisted DEN
84+kg	Heidi Hille Arnesen	1970	NOR	87.60	612.5	11/19/2022	Viborg DEN