

MEN M70

class	name	born	nat	bwt	mark	date	location
SQUAT							
59kg	Nordic Standard				165.0	1/1/2011	
66kg	Nordic Standard				180.0	1/1/2011	
74kg	Nordic Standard				200.0	1/1/2011	
83kg	Nordic Standard				210.0	1/1/2011	
93kg	Nordic Standard				220.0	1/1/2011	
105kg	Nordic Standard				230.0	1/1/2011	
120kg	Truls Kristensen	1939	NOR	108.32	245.0	9/30/2011	St. Catharines CAN
120+kg	Nordic Standard				250.0	1/1/2011	
BENCH PRESS							
59kg	Nordic Standard				110.0	1/1/2011	
66kg	Nordic Standard				120.0	1/1/2011	
74kg	Rolf A. Halvorsen	1941	NOR	72.00	135.0	11/18/2011	Sandnes NOR
83kg	Nordic Standard				145.0	1/1/2011	
93kg	Nordic Standard				155.0	1/1/2011	
105kg	Nordic Standard				165.0	1/1/2011	
120kg	Hans Ring	1945	SWE	120.72	175.0	10/3/2017	Sundsvall SWE
120+kg	Nordic Standard				180.0	1/1/2011	
DEADLIFT							
59kg	Bent Hansen	1941	DEN	58.62	162.5	9/27/2011	St. Catharines CAN
66KG	Torsten Ruotsala	1942	FIN	65.62	200.5	2/28/2015	Tampere FIN
74kg	Lasse Selin	1949	FIN	73.54	210.0	2/10/2019	Pornainen FIN
83kg	Ryno Aderlied	1946	SWE	75.30	227.5	12/9/2017	Vedum SWE
93kg	Nordic Standard				215.0	1/1/2011	
105kg	Nordic Standard				225.0	1/1/2011	
120kg	Hans Ring	1945	SWE	116.27	235.0	10/8/2016	Tallinn EST
120+kg	Nordic Standard				240.0	1/1/2011	
TOTAL							
59kg	Nordic Standard				415.0	1/1/2011	
66kg	Nordic Standard				455.0	1/1/2011	
74kg	Lasse Selin	1949	FIN	73.54	510.0	2/10/2019	Pornainen FIN
83kg	Nordic Standard				535.0	1/1/2011	
93kg	Nordic Standard				570.0	1/1/2011	
105kg	Nordic Standard				600.0	1/1/2011	
120kg	Hans Ring	1945	SWE	116.27	625.0	10/8/2016	Tallinn EST
120+kg	Nordic Standard				630.0	1/1/2011	