

Women junior (23)

class	name	born	nat	bwt	mark	date	location
SQUAT							
43kg	Nordic Standard				145.0	6/3/1900	
47kg	Nordic Standard				155.0	1/1/2011	
52kg	Karen Hesthammer	1994	NOR	51.92	188.0	9/1/2017	Orlando USA
57kg	Karen Hesthammer	1994	NOR	53.15	182.5	11/19/2016	Bergen NOR
63kg	Matilda Vilmar	1996	SWE	62.45	220.0	11/9/2018	Halmstad SWE
69kg	Juliane Slettnes	2001	NOR	68.65	222.5	8/28/2022	Istanbul TUR
76kg	Juliane Slettnes	2001	NOR	73.20	242.5	6/17/2023	Stjørdal NOR
84kg	Birgitte Kielsen	1996	NOR	83.52	250.0	5/10/2017	Malaga SPA
84+kg	Soley Jonsdottir	2001	ISL	121.30	265.0	9/12/2020	Njardvik ISL
BENCH PRESS							
43kg	Nordic Standard				85.0	1/1/2011	
47kg	Nordic Standard				100.0	1/1/2011	
52kg	Karen Hesthammer	1994	NOR	51.92	110.0	9/1/2017	Orlando USA
57kg	Nordic Standard				115.0	1/1/2011	
63kg	Matilda Vilmar	1996	SWE	62.64	153.0	8/29/2019	Regina CAN
69kg	Matilda Vilmar	1996	SWE	62.64	153.0	8/29/2019	Regina CAN
76kg	Silvia Kapstad	1996	NOR	71.73	150.5	5/10/2017	Malaga SPA
84kg	Nora Kristin Larsen	2001	NOR	81.60	162.5	6/22/2022	Skien NOR
84+kg	Soley Jonsdottir	2001	ISL	121.30	180.0	9/12/2020	Njardvik ISL
DEADLIFT							
43kg	Nordic Standard				150.0	1/1/2011	
47kg	Nordic Standard				160.0	1/1/2011	
52kg	Karen Hesthammer	1994	NOR	51.92	177.5	9/1/2017	Orlando USA
57kg	Nordic Standard				180.0	1/1/2011	
63kg	Lena Sjoel	1997	NOR	60.50	202.5	9/5/2018	Potchefstroom RSA
69kg	Lena Sjoel	1997	NOR	60.50	202.5	9/5/2018	Potchefstroom RSA
76kg	Marie Tunroth	1992	SWE	71.30	217.5	3/15/2015	Nässjö SWE
84kg	Nordic Standard				220.0	1/1/2011	
84+kg	Nordic Standard				230.0	1/1/2011	
TOTAL							
43kg	Nordic Standard				365.0	1/1/2011	
47kg	Nordic Standard				390.0	1/1/2011	
52kg	Karen Hesthammer	1994	NOR	51.92	475.5	9/1/2017	Orlando USA
57kg	Karen Hesthammer	1994	NOR	53.15	465.5	11/19/2016	Bergen NOR
63kg	Tutta Kristine Hanssen	1989	NOR	62.68	542.5	9/1/2011	Moose Jaw CAN
69kg	Tutta Kristine Hanssen	1989	NOR	62.68	542.5	9/1/2011	Moose Jaw CAN
76kg	Juliane Slettnes	2001	NOR	73.20	585.0	6/17/2023	Stjørdal NOR
84kg	Birgitte Kielsen	1996	NOR	83.45	610.0	9/1/2017	Orlando USA
84+kg	Soley Jonsdottir	2001	ISL	121.30	665.0	9/12/2020	Njardvik ISL