

Women sub-junior (18)

| class | name | born | nat | bwt | mark | date | location |
|--------------------|--------------------------|-------------|------------|--------------|--------------|------------------|------------------------|
| SQUAT | | | | | | | |
| 43kg | Nordic Standard | | | | 125.0 | 1/1/2011 | |
| 47kg | Nordic Standard | | | | 135.0 | 1/1/2011 | |
| 52kg | Nordic Standard | | | | 145.0 | 1/1/2011 | |
| 57kg | Lena Sjoel | 1997 | NOR | 55.68 | 160.0 | 9/1/2015 | Praha CZE |
| 63kg | Majken Hansen | 1996 | DEN | 62.95 | 170.0 | 10/5/2013 | Horsens DEN |
| 69kg | Yasmina Havnen | 2003 | NOR | 66.99 | 175.0 | 11/7/2021 | Pornainen / FIN |
| 76kg | Nordic Standard | | | | 185.0 | 1/1/2011 | |
| 84kg | Fríða Björk Einarsdóttir | 1998 | ISL | 83.30 | 200.0 | 3/21/2015 | Hafnarfjörður ISL |
| 84+kg | Soley Jonsdottir | 2001 | ISL | 111.92 | 265.5 | 4/29/2019 | Pilzen CZE |
| BENCH PRESS | | | | | | | |
| 43kg | Nordic Standard | | | | 75.0 | 1/1/2011 | |
| 47kg | Nordic Standard | | | | 80.0 | 1/1/2011 | |
| 52kg | Eerika Palosaari | 2005 | FIN | 52.00 | 90.0 | 8/25/2023 | Cluj Napoca ROU |
| 57kg | Lena Sjoel | 1997 | NOR | 55.68 | 102.5 | 9/1/2015 | Prague CZE |
| 63kg | Nordic Standard | | | | 100.0 | 1/1/2011 | |
| 69kg | Nordic Standard | | | | 100.0 | 1/1/2011 | |
| 76kg | Anna Dorthea Espevik | 1998 | NOR | 71.03 | 152.5 | 11/21/2015 | Sandnes NOR |
| 84kg | Anna Dorthea Espevik | 1998 | NOR | 78.01 | 160.5 | 11/19/2016 | Bergen NOR |
| 84+kg | Soley Jonsdottir | 2001 | ISL | 116.27 | 160.0 | 8/28/2019 | Regina CAN |
| DEADLIFT | | | | | | | |
| 43kg | Nordic Standard | | | | 125.0 | 1/1/2011 | |
| 47kg | Nordic Standard | | | | 135.0 | 1/1/2011 | |
| 52kg | Nordic Standard | | | | 145.0 | 1/1/2011 | |
| 57kg | Emma Elise Aas | 2003 | NOR | 55.86 | 165.0 | 11/7/2021 | Pornainen / FIN |
| 63kg | Lena Sjoel | 1997 | NOR | 57.86 | 170.5 | 11/21/2015 | Sandnes NOR |
| 69kg | Lena Sjoel | 1997 | NOR | 57.86 | 170.5 | 11/21/2015 | Sandnes NOR |
| 76kg | Nordic Standard | | | | 185.0 | 1/1/2011 | |
| 84kg | Nordic Standard | | | | 195.0 | 1/1/2011 | |
| 84+kg | Soley Jonsdottir | 2001 | ISL | 116.27 | 207.5 | 8/28/2019 | Regina CAN |
| TOTAL | | | | | | | |
| 43kg | Nordic Standard | | | | 310.0 | 1/1/2011 | |
| 47kg | Nordic Standard | | | | 330.0 | 1/1/2011 | |
| 52kg | Eerika Palosaari | 2005 | FIN | 52.00 | 365.0 | 8/25/2023 | Cluj Napoca ROU |
| 57kg | Lena Sjoel | 1997 | NOR | 55.68 | 422.5 | 9/1/2015 | Praha CZE |
| 63kg | Lena Sjoel | 1997 | NOR | 57.86 | 439.5 | 11/21/2015 | Sandnes NOR |
| 69kg | Lena Sjoel | 1997 | NOR | 57.86 | 439.5 | 11/21/2015 | Sandnes NOR |
| 76kg | Marthe Engskar Ramsrud | 1999 | NOR | 71.65 | 465.0 | 6/3/2017 | Malaga SPA |
| 84kg | Fríða Björk Einarsdóttir | 1998 | ISL | 83.30 | 503.0 | 3/21/2015 | Hafnarfjörður ISL |
| 84+kg | Soley Jonsdottir | 2001 | ISL | 116.27 | 622.5 | 8/28/2019 | Regina CAN |