

MEN Senior		Updated 26 Nov 2023					
class	name	born	nat	bwt	mark	date	location
<b>SQUAT</b>							
59kg	Nordic Standard				260.0	1/1/2011	
66kg	Nordic Standard				285.0	1/1/2011	
74kg	Kjell Egil Bakkelund	1988	NOR	73.93	337.5	5/2/2019	Pilsen CZE
83kg	Kjell Egil Bakkelund	1988	NOR	82.25	355.0	5/9/2014	Sofia BUL
93kg	Nicki Lentz Nielsen	1992	DEN	92.50	405.0	11/16/2022	Viborg DEN
105kg	Nicki Lentz Nielsen	1992	DEN	102.10	417.5	11/16/2023	Druskininkai LTU
120kg	Jorgen Hansen	1986	NOR	118.87	405.0	5/9/2015	Chemnitz GER
120+kg	Carl Yngvar Christensen	1990	NOR	168.02	490.0	11/8/2014	Aurora USA
<b>BENCH PRESS</b>							
59kg	Nordic Standard				180.0	1/1/2011	
66kg	Antti Savolainen	1978	FIN	65.33	205.0	11/19/2019	Dubai UAE
74kg	Amit Selberg	1976	SWE	73.93	260.0	12/3/2016	Sundsvall SWE
83kg	Kjell Egil Bakkelund	1988	NOR	82.25	261.0	5/9/2014	Sofia BUL
93kg	Nicki Lentz Nielsen	1992	DEN	92.75	285.0	5/7/2022	Pilsen CZE
105kg	Kristoffer Eikeland	1989	NOR	104.70	307.5	11/9/2018	Halmstad SWE
120kg	Per Marius Hole	1989	NOR	118.18	335.0	8/7/2021	Pilsen CZE
120+kg	Kenneth Sandvik	1975	FIN	141.45	371.0	8/22/2014	Njardvik ISL
<b>DEADLIFT</b>							
59kg	Nordic Standard				250.0	1/1/2011	
66kg	Antti Savolainen	1978	FIN	65.80	300.0	11/16/2016	Orlando USA
74kg	Kjell Egil Bakkelund	1988	NOR	72.95	328.5	11/9/2018	Halmstad SWE
83 kg	Kjell Egil Bakkelund	1988	NOR	82.58	337.5	11/6/2013	Stavanger NOR
93kg	Erik Gunham	1992	SWE	92.40	370.5	4/10/2015	Oroshaza HUN
105kg	Erik Gunham	1992	SWE	101.11	372.5	5/3/2019	Pilsen CZE
120kg	Tuomas Hautala	1994	FIN	119.84	380.0	11/29/2015	Kankaanpää FIN
120+kg	Julian J.K. Johannsson	1993	ISL	167.50	405.5	11/22/2019	Dubai UAE
<b>TOTAL</b>							
59kg	Nordic Standard				650.0	1/1/2011	
66kg	Antti Savolainen	1978	FIN	65.65	775.0	11/9/2018	Halmstad SWE
74kg	Kjell Egil Bakkelund	1988	NOR	73.93	900.0	5/2/2019	Pilsen CZE
83kg	Kjell Egil Bakkelund	1988	NOR	82.58	942.5	11/6/2013	Stavanger NOR
93kg	Nicki Lentz Nielsen	1992	DEN	92.75	982.5	5/7/2022	Pilsen CZE
105kg	Stian Walgermo	1988	NOR	104.54	1030.0	11/13/2015	Hamm LUX
120kg	Tor Herman Omland	1977	NOR	117.89	1020.0	11/3/2012	Aquadilla PUR
120+kg	Carl Yngvar Christensen	1990	NOR	168.02	1230.0	11/8/2014	Aurora USA