

WOMEN W40

class	name	born	nat	bwt	mark	date	location
SQUAT							
47kg	Raija Jurkko	1963	FIN	46.85	182.5	2/27/2011	Salo FIN
52kg	Leena Jokitalo	1961	FIN	51.40	165.0	2/27/2011	Salo FIN
57kg	Eva Buxbom	1969	DEN	56.35	180.0	5/6/2022	Pilsen CZE
63kg	Riitta Liimatainen	1963	SWE	60.60	190.5	9/23/2014	Pilsen CZE
69kg	Riitta Liimatainen	1963	SWE	60.60	190.5	9/23/2014	Pilsen CZE
76kg	Inger Blikra	1961	NOR	71.53	220.0	11/10/2011	Pilsen CZE
84kg	Heidi Hille Arnesen	1970	NOR	83.78	255.0	11/22/2019	Dubai UAE
84+kg	Lene Thoren	1980	NOR	125.10	240.0	6/22/2022	Skien NOR
BENCH PRESS							
47kg	Nordic Standard				100.0	1/1/2011	
52kg	Marcela Sandvik	1974	FIN	51.66	125.0	5/9/2017	Malaga SPA
57kg	Nordic Standard				120.0	1/1/2011	
63kg	Nordic Standard				130.0	1/1/2011	
69kg	Nordic Standard				130.0	1/1/2011	
76kg	Linda Kristensen	1977	NOR	71.78	150.0	11/16/2017	Pilsen CZE
84kg	Anna Edvall	1976	SWE	83.85	170.0	12/8/2018	Eskilstuna SWE
84+kg	Nordic Standard				165.0	1/1/2011	
DEADLIFT							
47kg	Raija Jurkko	1963	FIN	46.70	162.5	11/8/2011	Pilsen CZE
52kg	Leena Jokitalo	1961	FIN	51.40	170.0	2/27/2011	Salo FIN
57kg	Eva Buxbom	1969	DEN	56.18	183.5	3/2/2019	Videbaek DEN
63kg	Kathrine Bak	1981	DEN	61.70	226.0	7/7/2023	Pilsen CZE
69kg	Kathrine Bak	1981	DEN	63.25	235.0	11/16/2023	Druskininkai LTU
76kg	Inger Blikra	1961	NOR	71.73	212.5	11/10/2011	Pilsen CZE
84kg	Jane Aaberg	1981	DEN	83.80	235.0	11/17/2023	Druskininkai LTU
84+kg	Nordic Standard				215.0	1/1/2011	
TOTAL							
47kg	Raija Jurkko	1963	FIN	46.85	437.5	2/27/2011	Salo FIN
52kg	Mervi Sirkiä	1973	FIN	51.85	417.5	5/7/2013	Plzen, CZE
57kg	Eva Buxbom	1969	DEN	56.35	450.0	5/6/2022	Pilsen CZE
63kg	Kathrine Bak	1981	DEN	61.70	506.0	7/7/2023	Pilsen CZE
69kg	Kathrine Bak	1981	DEN	66.10	523.5	7/9/2022	Eskilstuna SWE
76kg	Inger Blikra	1961	NOR	71.73	567.5	11/10/2011	Pilsen CZE
84kg	Heidi Hille Arnesen	1970	NOR	83.51	615.0	6/1/2019	Sandnessjøen NOR
84+kg	Nordic Standard				600.0	1/1/2011	