

WOMEN OPEN

class	name	born	nat	bwt	mark	date	location
47kg	Kristine Almroth	1988	SWE	46.52	135.0	16.03.2017	Thisted / DEN
52kg	Julia Winbo	1996	SWE	51.10	152.5	3/22/2023	Luleå / SWE
57kg	Fanny Lamminen	2002	FIN	56.82	162.5	10/10/2020	Turku / FIN
63kg	Emma Badalyan	1993	NOR	62.25	180.0	12/12/2021	Västerås / SWE
69kg	Marte Kjenner	1989	NOR	68.65	197.5	6/8/2022	Sun City / RSA
76kg	Vilma Olsson	1999	SWE	73.90	211.0	3/26/2022	Piteå / SWE
84kg	Kristín Þórhallsdóttir	1984	ISL	82.60	230.0	6/11/2022	Sun City / RSA
84+kg	Anna-Lena Bellqvist	1987	SWE	149.90	253.0	3/23/2024	Luleå / SWE

BENCH PRESS

47kg	Hanna Rantala	1982	FIN	46.85	90.0	6/4/2019	Helsingborg / SWE
52kg	Selma Ramberg	2001	NOR	51.45	113.5	12/6/2021	Västerås / SWE
57kg	Donna Berglund	1997	SWE	56.75	123.0	6/7/2022	Sun City / RSA
63kg	Alba Boström	2001	SWE	62.05	120.0	9/1/2022	Istanbul / TUR
69kg	Marte Kjenner	1989	NOR	68.86	122.5	3/25/2022	Bergen / NOR
76kg	Maria Letnes	1991	NOR	70.51	125.0	03.02.2018	Bergen / NOR
84kg	Annika Zelander	1988	SWE	78.45	136.0	2/4/2023	Skövde / SWE
84+kg	Matilda Hjälle	1991	SWE	106.75	155.0	6/18/2023	St Julians / MLT

DEADLIFT

47kg	Stina Åkemalm	1989	SWE	46.04	165.0	21.06.2017	Minsk / BLR
52kg	Sofia Loft	1990	SWE	51.74	175.0	6/24/2016	Killeen / USA
57kg	Ida Therese Lindberg	2000	SWE	56.45	185.0	9/1/2022	Istanbul / TUR
63kg	Alba Boström	2001	SWE	62.80	207.5	8/30/2023	Cluj Napoca / ROU
69kg	Marte Kjenner	1989	NOR	68.86	225.0	3/25/2022	Bergen / NOR
76kg	Annemari Løberg Larsen	1992	NOR	70.76	220.5	27.06.2019	Stavanger / NOR
84kg	Kristín Þórhallsdóttir	1984	ISL	82.60	230.0	6/11/2022	Sun City / RSA
84+kg	Emelie Leach	1993	SWE	149.50	254.0	12/4/2022	Skierniewice / POL

TOTAL

47kg	Stina Åkemalm	1989	SWE	46.04	372.5	21.06.2017	Minsk / BLR
52kg	Sofia Loft	1990	SWE	51.74	417.5	24.06.2016	Killeen / USA
57kg	Donna Berglund	1997	SWE	56.75	430.5	6/7/2022	Sun City / RSA
63kg	Alba Boström	2001	SWE	62.80	500.0	8/30/2023	Cluj Napoca / ROU
69kg	Marte Kjenner	1989	NOR	68.86	542.5	3/25/2022	Bergen / NOR
76kg	Vilma Olsson	1999	SWE	73.90	532.5	3/26/2022	Piteå / SWE
84kg	Kristín Þórhallsdóttir	1984	ISL	82.60	580.0	6/11/2022	Sun City / RSA
84+kg	Emelie Leach	1993	SWE	149.50	649.0	12/4/2022	Skierniewice / POL